



Competition Announcement
Asticou
Invitational 2011
November 18-20, 2011
Isabelle and Paul Duchesnay Arena, 92
Patrimoine, Aylmer Quebec, J9H 3P4

The Asticou Figure Skating Club is pleased to announce the upcoming **Asticou Invitational** competition.

This competition is open to eligible skaters who are members in good standing of Skate Canada and whose home clubs are located in one of the following regions.

Outaouais, Abitibi-témiscamingue, Rive sud, Sud-Ouest, Montréal-Concordia, Laurentides, Eastern Ontario

This competition is sanctioned by Skate Canada and will be held under the rules of this Association.

COMPETITION COMMITTEE

WALTER DANN ORGANIZING COMMITTEE CHAIRPERSON

DANIELLE DORAN COMPETITION CHAIRPERSON

SANCTIONED BY
LA FÉDÉRATION DE PATINAGE ARTISTIQUE DU QUÉBEC
NO. DE SANCTION : IR-11-039
HOST CLUB : ASTICOU FSC

ADDRESS : CP 422 Gatineau Succ. Aylmer, Gatineau, Québec J9B 1B5

Arena : Isabelle and Paul Duchesnay
92 Patrimoine Gatineau, Québec
J9H 3P4

RINK DIMENSIONS: 85 feet x 200 feet

This announcement is available in both French and English, the official version being French. Interpretation of this announcement is at the sole discretion of the Technical Representative and all decisions are final.

RESPONSIBILITIES

Skate Canada, Skate Québec, the regional association and Asticou Figure Skating Club take no responsibility for damages or injuries suffered by the skaters. As a condition of, and in consideration of their entries therein, all competitors and their parents, or guardians, shall be deemed to agree to assume all risks of injury to the competitors' person and property resulting from, caused by or connected with the conduct and management of the competition.

The participants will release any and all claims, which they may have against the officials, Skate Canada, Skate Quebec, Asticou Figure Skating Club, the volunteers and their officers and their entries shall be accepted on these conditions.

CONDUCT OF COMPETITORS

- 1) Competitors are bound to obey implicitly the instructions of the officials in charge of the competition.
- 2) A competitor who, directly or indirectly, expresses himself in an improper manner regarding the officials or their decisions or regarding the marking of the judges may be suspended and/or excluded from further competition.

RESTRICTIONS

The committee reserves the right to limit the number of participants in each category. The decision of the committee is final.

REGISTRATION AND DEADLINE

Each skater must sign and return the completed registration form indicating the category(ies) in which he/she wishes to participate. Teams must complete the appropriate form. The registration including the completed application and payment in full must be postmarked no later than **October 14th, 2011**. Entries filed after the closing date specified in the announcement may be accepted only at the discretion of the committee in charge.

AGE AND TESTS QUALIFICATIONS

For Competitive Categories and No-Limits the age requirement specified is as at July 1st, 2011. There is no age limit for official STARSKATE categories.

The date for tests passed is October 14th, 2011.

FEES: \$45 First single event
 \$25 Each additional single event
 \$45 Each team

PAYABLE TO: Asticou F.S.C. (Cheque or money order only, please)

MAIL TO: ASTICOU INVITATIONAL COMPETITION
 c/o: Danielle Doran
 176 Jules Léger, Gatineau QC, J9J 2T1

There are no refunds after the deadline unless the event is cancelled. Registration fees will be refunded if the registration is withdrawn prior to the deadline. A cheque postdated after October 14th, 2011 will NOT be accepted. A \$25.00 fee will be applied on all NSF cheques.

FOR MORE INFORMATION CONTACT: CPA Asticou – email : cpa.asticou@bellnet.ca

MUSIC

Each skater must provide two (2) CDs at registration.

REGISTRATION

All skaters must register upon their arrival at the arena a minimum of one hour before the beginning of their scheduled event. At that time they will hand in to the person-in-charge: two (2) CDs, clearly identified with their name, category, priority (1 or 2) and the length of their program. The Committee will be responsible for the music until the end of the competition.

NCCP certified coaches, who are members of Skate Canada, must register; presenting their photo ID cards (no exceptions).

ADMISSION

Adult : 6.00 \$ Children : 3.00 \$ Pass : 10.00 \$ Free : 7 years and under

AWARDS

Prizes shall be presented to the top three places in each event in accordance with the rules. In the case of only two entries, each entry will be awarded a prize.

COMPETITION SCHEDULE

A tentative schedule will be sent to each home club after the closing date, and may be available on the Internet – <http://www.asticoufigureskatingclub.com/>

FORMATION OF GROUPS :

Groups for competitive categories: in accordance with Skate Canada rules

Groups for categories «STARSKATE», «Beginner, Intermediate and No-Limit»: if the number of participants allows for more than one group to be formed, the draw will be done by age.

VIDEO

A video service will be available on site.

RESTAURANT

Snack bar facilities will be available during the competition.

20.0 HÔTELS

Holiday Inn Plaza de la Chaudière

2 Montcalm st, Gatineau, Qc

(819) 778-3880

N.B : parking charges, indoor pool

Auberge de la Gare

205 St-Joseph , Gatineau, Qc

(819)778-8085

Four Points Sheraton

35 Laurier st, Gatineau Qc

(819) 778-6111

N.B. Free Parking,

Ramada Plaza le Manoir du Casino

75, d'Edmonton street, Gatineau (Québec) J8Y 6W9

(819) 777-7538

COMPETITIVE CATEGORIES Free Skating

Skaters may not register in a competitive category and a STARskate category in the same competition in the same discipline (e.g. free skating). Skaters may register in a category higher than the category for which they qualify. Skaters are not obliged to have passed the required tests.

CATEGORY	TIME	REQUIREMENTS/CONDITIONS
Novice Short	Not exceeding 2 minutes and 30 seconds	to music using required elements as announced by Skate Canada for current season.
Novice Free	Ladies Free Program 3.0 minutes to music. (+/- 10 seconds) Men 3.5 minutes (+/- 10 seconds)	to music using required elements as announced by Skate Canada for current season.
Pre-Novice Ladies and Men	Short Program 2 minutes and 30 Free Program 3.0 minutes to music (+/- 10 seconds)	to music using required elements as announced by Skate Canada for current season.
Juvenile	Ladies and Men 2 minutes and 30 seconds (+/- 10 seconds)	As described in Skate Canada Rules. Ladies must be under 12 years old before July 1, preceding competition and Men must be under 13 years old before July 1, preceding competition.
Pre-Juvenile	Ladies and Men 2 minutes and 30 seconds (+/- 10 seconds)	Must have passed Preliminary Free Skating Test, as per Skate Canada Rules. Ladies must be under 11 years old and the Men must be under 12 years old before July 1, preceding competition.

NO-LIMIT CATEGORIES .

- **Program content;**

- Jumps : maximum Six jumps
 - One jump must be of axel type take off
 - Maximum of three combination or sequence. Jump combination may not consist of more than two jumps.

No jumps may be executed more than twice and if it is repeated it must be part of a sequence or combination

- Spins: Maximum of two spins. Spins may not be higher than level.
 - Both spins have to be of different nature (ex : one position spin, spin combination)
- Spiral Step Séquence
 - One spiral step sequence All step sequence may not be higher than level one.

- **No test restriction.**

No-Limit 6 Years Old	Ladies 2 minutes (+/- 10 seconds)	Skaters must be under 7 years old before July 1, preceding competition.
No-Limit 7 Years Old	Ladies 2 minutes (+/- 10 seconds)	Skaters must be under 8 years old before July 1, preceding competition.
No-Limit 8 Years Old	Ladies and Men 2 minutes (+/- 10 seconds)	Skaters must be under 9 years old before July 1, preceding competition.
No-Limit 9 Years Old	Men 2 minutes (+/- 10 seconds)	Skaters must be under 10 years old before July 1, preceding competition.

STARSKATE OFFICIAL CATEGORIES

Skaters may not register in a competitive category and a STARSKATE category in the same competition in the same discipline (eg. free skating). Skaters may register in a category higher in accordance with Skate Canada rules. These events are not open to skaters who participated in the Sectional Championship in the preceding year (except pre-juvenile and juvenile skaters who are no longer eligible for these categories), who registered or participated in the Sectional Championship in the current year (July 1st to June 30th), who participated in the Quebec Winter and/or Participation Games Provincial Finals in the preceding year. No age restrictions.

Equivalency - Juvenile – Senior Bronze; Pre-Novice – Junior Silver; Novice – Senior Silver; Junior - Gold

FREE SKATING

For program contents, please refer to the Skate Canada balanced programs.

CATEGORY	TIME	REQUIREMENTS/CONDITIONS
Beginner	Ladies and Men 1 minute (+/- 10 seconds)	May not have completed the Preliminary Free Skating test. <u>Programme content:</u> - Waltz jump - One of the following jumps: Salchow, Toe Loop or Loop - Jump combination of any 2 of the following jumps: Salchow and/or Toe Loop and/or Loop - One spin – one basic position with no change of foot - One step sequence -jumps may not be repeated - A minimum of one move in the field (transition movement) Deduction of 0,1 will apply to technical note for misses
Pre-Preliminary	Ladies and Men 1 minute and 30 seconds (+/-	May not have passed the Preliminary Free Skating test

	10 seconds)	
Preliminary	Ladies and Men 1 minute 30 seconds (+/- 10 seconds)	Must have passed Preliminary Free Skating test but must not have completed the Junior Bronze Free Skating test
Junior Bronze	Ladies and Men 2 minutes (+/- 10 seconds)	Must have passed Junior Bronze Free Skating test but must not have completed Senior Bronze Free Skating test
Senior Bronze	Ladies and Men 2 minutes and 30 seconds (+/- 10 seconds)	Must have passed Senior Bronze Free Skating test but must not have completed the Junior Silver Free Skating test
Junior Silver	Ladies and Men 3 minutes (+/- 10 seconds)	Must have passed Junior Silver Free Skating test but must not have completed the Senior Silver Free Skating test
Senior Silver	Ladies and Men 3 minutes (+/- 10 seconds)	Must have passed Senior Silver Free Skating test but must not have completed the Gold Free Skating test
Gold	Ladies – 3 minutes and 30 seconds (+/- 10 seconds) Men - 4 minutes (+/- 10 seconds)	Must have passed Gold Free Skating test

COMPULSORY MOVES WITHOUT MUSIC

The skaters will one by one in turn execute the competition elements only once. However, a skater may elect to re-skate the element a second time by raising his/her hand to notify the judges of this choice. If a skater elects to re-skate the element only the second execution of the element will be judged. No age restrictions

CATEGORY	ELEMENTS	CRITERIA CONDITIONS
Beginner Ladies & Men	<ol style="list-style-type: none"> waltz jump Salchow Combination jump – one being a salchow Spin basic position (without foot change) Step sequence 	May not have completed any part of a free skating test.
Pre-Preliminary Ladies and Men	<ol style="list-style-type: none"> salchow 1 foot spin (min. 3 rotations) Field Movement (Spirals, Ina Bauers spread eagles, etc.) Foreward spiral Combination jump – one being a loop 	May not have completed any part of a free skating test.

COMPULSORY MOVES WITHOUT MUSIC (CONT'D)

<p>Preliminary Ladies & Men</p>	<ol style="list-style-type: none"> 1. lutz 2. Forward spirale outside edge 3. Flip 4. Sit spin- (min. 3 rotations) 5. Jump combination – one jump being a loop 	<p>Must have passed Part 1 (elements) of the Preliminary Free Skating test</p>
<p>Junior Bronze Ladies & Men</p>	<ol style="list-style-type: none"> 1. Axel 2. Flying camel spin (min. 3 rotations) 3. Lutz 4. Foreward spirale 5. Jump combination – axel/toe loop 	<p>Must have passed Part 1 (elements) of the Junior Bronze Free Skating test</p>
<p>Senior Bronze Ladies & Men</p>	<ol style="list-style-type: none"> 1. Jump combination – axel/double loop 2. double salchow 3. Combination camel and sit spin with a change of position (min. 4 rotations rotations in each position) 4. double toe loop 5. Ina Bauer 	<p>Must have passed Part 1 (elements) of the Senior Bronze Free Skating test</p>
<p>Junior Silver Ladies & Men</p>	<ol style="list-style-type: none"> 1. Flying camel spin (min. 4 rotations) 2. forward Spiral sequence with change of edge from inside to outside 3. Sit spin: with change of foot (5 rotations on each foot) 4. Jump combination – one jump being double loop 5. Double loop 	<p>Must have passed Part 1 (elements) of the Junior Silver Free Skating test</p>
<p>Senior Silver/Gold/Competitive Ladies & Men</p>	<ol style="list-style-type: none"> 1. Flying sit spin (min. 5 rotations) 2. Double flip 3. Sit spin: with change of foot (5 rotations on each foot) 4. Jump combination – one jump being loop 5. Double Lutz 	<p>Must have passed Part 1 (elements) Senior silver or gold Free Skating test or equivalent competition test</p>

TEAMS MEN AND LADIES

Each team must consist of a minimum of 3 skaters and a maximum of 5 skaters. Each skater may execute a maximum of 2 elements. Each team must have a name. Teams may not be composed of skaters from different home clubs. A skater may register in more than one category, but may not participate on two teams at the same level. Teams will take their positions along the boards, in the order of skate. There will be a warm-up period of one minute for each element. The elements will be skated in the order listed. Skaters may register in a higher category to form a team. Only the chaperone may register the members of the team. Only stroking is permitted for the first minute of warm-up. Each element will be executed twice. Marks will be awarded for the better of the 2 executions. No age restrictions.

CATEGORY	ELEMENTS	REQUIREMENTS
Beginner Team	<ol style="list-style-type: none"> 1. Waltz jump 2. salchow, 3. jump combination one being a salchow 4. Spin basic position (without foot change) 5. . Step sequence 	No part of any Free Skating test passed
Pre-Preliminary Team	<ol style="list-style-type: none"> 1.Salchow 2. foot spin min. 3 rotations 3. Field Movement (Spirals, Ina Bauers spread eagles, etc.) 4.Forward spiral 5. jump Combination – one being a Loop 	No part of any Free Skating test passed
Preliminary Team	<ol style="list-style-type: none"> 1. Loop 2. Forward outside edge spiral 3. Flip 4. Sit spin (minimum 2 rotations) 5. Jump combination of 2 jumps including a loop 	Preliminary Free Skating test part 1 (elements) passed
Junior Bronze Team	<ol style="list-style-type: none"> 1. Axel 2. Camel spin (minimum 3 rotations) 3. Lutz 4. Backward spiral 5. Jump combination – axel/toe loop 	Junior Bronze Free Skating test part 1 (elements) passed
Senior Bronze Team	<ol style="list-style-type: none"> 1. Jump combination of 2 jumps including an axel and double loop 2. double salchow 3. Combination camel and sit spin with a change of position (min.4 rotations in each position) 4. Double toe loop 5. Ina Bauer 	Senior Bronze Free Skating test part 1 (elements) passed
Junior Silver/Senior Silver/Gold Team	<ol style="list-style-type: none"> 1. Flying camel spin (minimum 4 rotations) 2. forward Spiral sequence with change of edge from inside to outside 3. Sit-change-sit spin (minimum 5 rotations on each foot) 4. Jump combination of 2 jumps including double toe loop 5. Double (loop) 	Junior Silver, Senior Silver or Gold Free Skating test part 1 (elements) passed

Multi-STAR

Mandatory music for interpretative program and required elements 2011-2012

musical Comedie

- * All rhythm and tempo variations in music are allowed.
- * Vocal music is allowed.

* Skaters will be deducted 0.5 of artistic score for theme . **Note:** Events must be skated in determined order.

Catégory	TIME	REQUIREMENTS/CONDITIONS
<p>Multi-STAR 1 Ladies Men</p>	<p><u>Two part event</u></p> <ul style="list-style-type: none"> • INTERPRETIVE PROGRAM ELEMENTS WITH IMPOSED: Length 2.0 to 3.0 min. (+ / - 10 sec.) • Created to the sound of music (with or without words) (See Skate Canada rules for interpretation programs). Factor of 1.0 (50%). Program content required: <ul style="list-style-type: none"> • Two (2) transitional movements • One (1) step sequence (pattern of your choice) with three foreward turns and mohawks. • Must follow the criteria for an interpretive program (technical requirements presented on the website of Skate Canada, • FREE PROGRAM: Duration 2.0 min. (+ / - 10 sec.). Factor of 1.0 (50%). <p>Program content: See "Preliminary balanced program of Skate Canada, "</p> <p>Note:</p> <ul style="list-style-type: none"> • A penalty of 0.1 points in the technical note will be applied for each breach of the balanced program; 	<p>(I) TEST: One of the following tests succeed:</p> <ul style="list-style-type: none"> • Preliminary Free Skating but not more (this test predominant) • Preliminary Skating Skills • Interpretation (artistic) introduction

	<ul style="list-style-type: none"> • Penalties should be subtracted from the technical note that the skater would normally have earned following his performance. 	
<p>Multi-STAR 2 Dames Messieurs</p>	<p><u>Two part event</u></p> <ul style="list-style-type: none"> • INTERPREIVE PROGRAM WITH IMPOSED ELEMENTS: Length 2.0 to 3.0 min. (+ / - 10 sec.) Created the sound of music (with or without words) (See Skate Canada rules for interpretation programs). Factor of 1.0 (50%). <p>Program content required:</p> <ul style="list-style-type: none"> - Two (2) movements in transitions of different nature - Two (2) step sequences. A sequence must be circular. A sequence must contain three turns back and from edge to edge. - Must follow the criteria for interpretive program (technical requirements presented on the website of Skate Canada, in Connecting members) <ul style="list-style-type: none"> • FREE PROGRAM: Duration 2 min. 30 sec. (+ / - 10 seconds). Factor of 1.0 (50%). <p>Program content required:</p> <ul style="list-style-type: none"> - See "Junior Bronze"balanced program of Skate Canada, <p>Note:</p> <ul style="list-style-type: none"> • A penalty of 0.1 points in the technical note will be applied for each breach of the balanced program; • Penalties should be subtracted from the technical note that the skater would normally have earned following his performance. 	<p>(li) TEST: One of the following tests succeed:</p> <ul style="list-style-type: none"> • Junior Bronze Free but not more (this test predominant) • Junior Bronze Skating Skills • Interpretation (artistic) introduction <p>AGE: No age limit</p>

<p>Multi-STAR 3 Dames Messieurs</p>	<p>(The test consists of two parts:</p> <ul style="list-style-type: none"> • INTERPRETIVE PROGRAM WITH IMPOSED ELEMENTS: Length 2.0 to 3.0 min. (+ / - 10 sec.) Created the sound of music (with or without words) (See Skate Canada rules for interpretation programs). Factor of 1.0 (50%). • <p>Program content required:</p> <ul style="list-style-type: none"> - Three (3) transitional movements, two (2) of a different nature. A movement of transition must be a pivot. - Two (2) step sequences. A sequence must be circular and the other coil. A sequence must contain braces before. - Must follow the criteria for interpretive program (technical requirements presented on the website of Skate Canada, in Connecting members) <ul style="list-style-type: none"> • FREE PROGRAM: Duration of 3 minutes (+ / - 10 seconds). Factor of 1.0 (50%). <p>Program content:</p> <ul style="list-style-type: none"> - See "Senior Bronze" balanced program of Skate Canada, <p>Note:</p> <ul style="list-style-type: none"> • A penalty of 0.1 points in the technical note will be applied for each breach of the balanced program; • Penalties should be subtracted from the technical note that the skater would normally have earned following his performance. 	<p>TEST: One of the following tests succeed:</p> <ul style="list-style-type: none"> Senior Bronze Free but not more (this test predominant) Senior Bronze Skating Skills Interpretation (art) Bronze <p>AGE: No age limit</p>
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INTERPRETIVE

SINGLES

Refer to the Skate Canada Technical Manual – Section C – Interpretive Tests. Skaters may register in a category higher than the category for which they qualify. No age restrictions

CATEGORY	TIME	REQUIREMENTS/CONDITIONS
Beginner	Ladies and Men 1 to 2 minutes (+/- 10 seconds)	No Interpretive Test passed
Initiation	Ladies and Men 2 to 3 minutes (+/- 10 seconds)	No Interpretive Test passed
Introductory	Ladies and Men 2 to 3 minutes (+/- 10 seconds)	Must have passed the Introductory Interpretive Test
Bronze	Ladies and Men 2 to 3 minutes (+/- 10 seconds)	Must have passed the Bronze Interpretive Test
Silver	Ladies and Men 2 to 3 minutes (+/- 10 seconds)	Must have passed the Silver Interpretive Test
Gold	Ladies and Men 2 to 3 minutes (+/- 10 seconds)	Must have passed the Gold Interpretive Test